



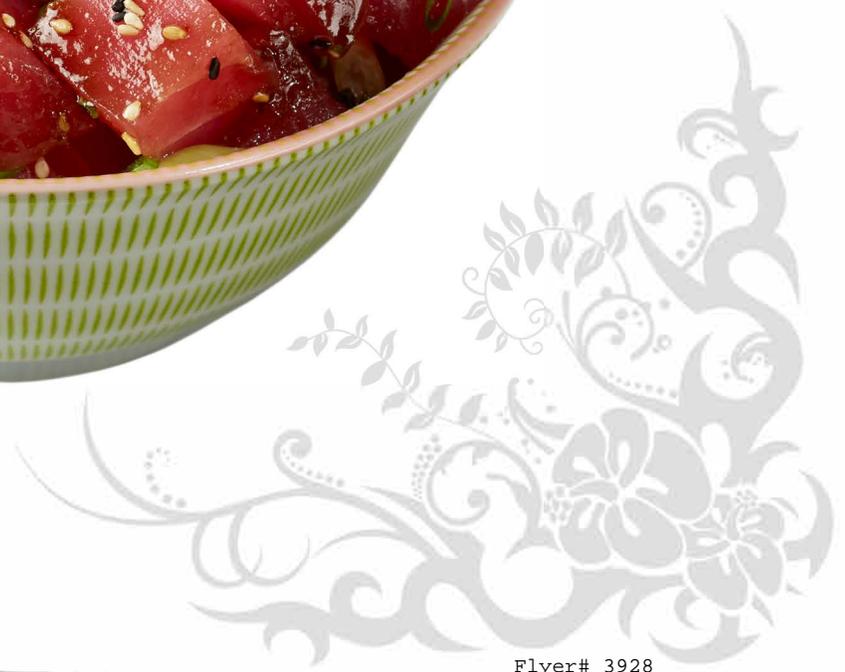
AHI TUNA POKE

MADE WITH PREMIUM AHI YELLOWFIN TUNA, CUBED & READY TO GO!

Vibrant chunks of wild tuna with a traditional island sauce

An authentic taste of aloha...ready in minutes!

In the islands, no party, potluck or pau hana (after work) get together would be complete without poke - Hawaii's beloved sashimi/salad. This tasty, traditional & incredibly cool concoction pairs lean chunks of tuna with a soy/sesame marinade - a simple & delicious expression of the local vibe!



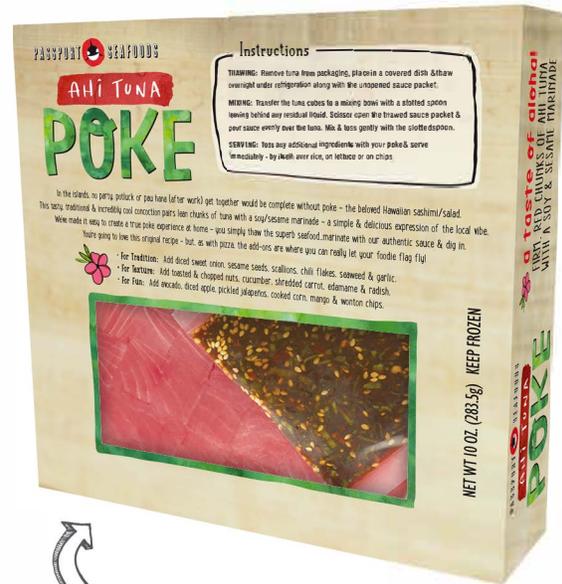
AHI TUNA POKE

MADE WITH PREMIUM
AHI YELLOWFIN TUNA,
CUBED & READY TO GO!



Vibrant chunks of wild tuna with a traditional island sauce

Conveniently pre-sliced
Ahi Cubes & a packet
of our authentic sauce



Our box features a
product window that lets
shoppers see the goods



Enjoy a taste of Aloha!

REMOVE ALL PACKAGING (FROM AHI),
PLACE IN BOWL OR TRAY (WITH UNOPENED
SAUCE PACKET) & THAW OVERNIGHT
UNDER REFRIGERATION.

- 1 Transfer the cubes to a mixing bowl with a slotted spoon leaving behind any residual liquid.
- 2 Scissor open the sauce packet & pour evenly over the tuna. Mix & toss gently with the slotted spoon.
- 3 Toss any additional ingredients with your poke & serve immediately.

Nutrition Facts

About 2.5 servings per container
Serving size 4 oz (112g)
Amount per serving
Calories 140

	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1.5g	
Cholesterol 35mg	12%
Sodium 580mg	25%
Total Carbohydrate 4g	1%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 23g	46%
Vitamin D 2mcg	10%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 439mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Lipari Item #: 965045
Packed 12/10 oz
8 oz Delicious Yellowfin Tuna
2 oz sauce

Like pizza - Poke has a fun "build your own" factor

- ➔ **For Tradition:** Add diced sweet onion, sesame seeds, scallions, chili flakes, seaweed & garlic.
- ➔ **For Texture:** Add toasted & chopped nuts, cucumber, shredded carrot, edamame & radish.
- ➔ **For Fun:** Add avocado, diced apple, pickled jalapeños, cooked corn, mango & wonton chips.